

# M-C Nation "SPORTS BRIEF"

Monday, May 16 – Saturday, May 20, 2022

(Subject to Change)

➤ ***JH and HS Boys and Girls Track:***

- Monday – HS Boys Track Practice from 3:30 – 5:00 PM.
- Tuesday – HS Boys Track Practice from 3:30 – 5:00 PM.
- Wednesday - HS Boys Track Sectional @ Rushville @ 4:00 PM.
  - Bus will leave @ 2:25 PM, please dismiss participants @ 2:10 PM.
- Thursday –
- Friday –

➤ ***JH Boys Baseball Meeting for 2022 Season:***

- Any boy who will be in the 6<sup>th</sup>, 7<sup>th</sup>, and 8<sup>th</sup> grade next year interested in playing baseball should attend this meeting.
- Coach Scott from Virginia will be here:
  - Tuesday, May 24, 2022 @ 1:30 PM.
- Practice will Begin – Monday, August 1 @ 9:00 AM.
  - Transportation will be provided.

➤ ***M-C Nation STRENGTH TRAINING (Weight lifting):***

- **Summer Workout Schedule** – All High School Students are Welcome!!!
  - When: Beginning June 6 - Mondays, Wednesdays, and Fridays
  - Where: M-C Schools weight room
  - Time: 2:30 – 4:00 PM.
  - Contact: Rob Windell – (if there are any questions)

Students or Parents with any Athletic questions, please contact Mr. Graham at the school either by phone or email.

School phone: 217-584-1291 ext. 1012

Email: [kgraham@mcsd11.net](mailto:kgraham@mcsd11.net)

Mr. Graham has "**#INDIANNATION**" window stickers for sale for \$10.00 each. Please see Mr. Graham for purchase.

**Other Announcements:**

Reminder with warm weather – Dress Code still applies to dress appropriately. Beginning Monday, May 16 students will be asked and required to change any inappropriate clothing.

Monday, May 16 – JH and HS band will be performing at the St. Louis City Museum. Students must be passing all classes to attend.

School will dismiss at 2:15 PM beginning Thursday, May 19 – Friday, May 27.

High School Semester Exam Reviews and Exams begin on Thursday, May 19 and Friday, May 20 for 1<sup>st</sup> – 4<sup>th</sup> hours.

All Senior grades are due in the office Friday, May 20.